

Ear Syringing

What is ear syringing?

- A quick and painless procedure where an electric pump is used to push water into your ear and wash the earwax out

Why would I need my ears syringed?

- Earwax is produced inside your ears to keep them clean and free of germs. It usually passes out of the ears harmlessly, but sometimes too much can build up and block the ears, causing hearing loss or discomfort.

How to book for ear syringing?

- Initially you will need to see a clinician who will confirm that there is a build-up of wax in the ear and that they need syringing/irrigating.
- You can then book in at reception with one of the HCAs for syringing/irrigating.

How to prepare for ear syringing.

- In order for syringing/irrigation to be successful the wax needs to be softened.
- You must do this by applying olive oil drops to the affected ear/ears, 2-3 times a day for 5 days.

How to prevent ear wax build-up.

- It's not clear if there's anything you can do to stop earwax blocking your ears, although some doctors recommend using eardrops regularly to keep your earwax soft.
- Don't try to scrape out the earwax with your finger or an object inserted into your ear, as this this can make the problem worse.
- Speak to your doctor for advice if earwax builds up in your ears regularly.